



# BWINDI COMMUNITY HOSPITAL NEWSLETTER

Volume 5 Issue 3

November 2018

## In this newsletter

- US Ambassador to Uganda Visits BCH
- BCH and Kisiizi staff qualify as family planning trainers!
- UNSB shines academically again, and in sports
- Waiting Mothers to have more space for craftwork
- UNSB skills lab construction works start
- Improved play area at BCH paed
- The remarkable KF Visit

## Our Vision

A healthy and productive community free from preventable disease and with excellent health services accessible to all

## Our Mission

Serving Jesus Christ through giving holistic health care and life in all its fullness to the staff, patients, clients and visitors in the hospital and community

## Vision 2020

A regional centre of excellence offering specialist health services contributing new scientific knowledge through research and UNSB as an outstanding institution in health care training

## US Ambassador to Uganda visits BCH



*Peace (Rt), a counsellor in the HIV programme area explains BCH's strides in the fight against HIV.*

The US Ambassador to Uganda, Deborah Malac visited Bwindi Community Hospital on 7th November 2018. Malac who was on a private visit to the Bwindi area was received on arrival at the Hospital by the Chairman of the Board of Governors Rt Rev Bishop Dan Zoreka and the Bwindi Community Hospital Executive Director Dr Birungi

Mutahunga who took her on a guided tour of the hospital and the nursing school. The hospital showcased different program areas in Research, Maternity, eQuality health insurance, HIV/AIDS, Community Health and the nursing school. Ambassador Malac hailed the Hospital staff for the achievements they have registered providing healthcare.

## BCH and Kisiizi staff qualify as family planning trainers!

Increasing the uptake of modern contraceptive methods is a hospital priority. Uganda has one of the highest fertility rates in Africa and the teenage pregnancy rate is 24%. Family planning can save lives by delaying motherhood, spacing children, and avoiding unsafe abortions.

Over the past few years, many staff and students have been trained as family planning providers by our family planning nurse and UK volunteer doctors, through the USHAPE programme (now run by the Margaret Pyke Trust in the UK). Our nursing school aims for all students to be trained in family planning

before they graduate, a first for a Ugandan nursing school! For this to be sustainable there was a need for more trainers.

This October we conducted a family planning 'Train the Trainers' course for staff from Bwindi Community Hospitals and Kisiizi Hospital. This interactive week-long course developed skills in teaching, organising training, planning outreaches, and creating a whole institution approach to family planning. Eight staff completed the training and three staff members attended for part of the course.

Congratulations to our new family planning trainers!

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## Uganda Nursing School Bwindi shines again in academics, sports



*UNSB Netball team and administrators with the Netball trophy won*

At Uganda Nursing School Bwindi (UNSB), students and faculty alike are highly motivated to keep high standards in both academics and sports. Uganda Nursing School Bwindi-UCU Affiliate (UNSB) has registered

excellent performance in both the sectors outscoring many schools. In the recently released Uganda Nurses and Midwives Examinations Board (UNMEB) results, UNSB registered an excellent pass rate for the students training to be enrolled nurses and midwives. This is the first time we are passing our nurses and midwives in this category.

"I applaud and commend the outstanding job of our nursing students and their tutors," said Jane Anyango, Principal UNSB. "We have always had our diploma/registered nursing students excel in the national exams with 100% pass rate, and this time, our first cohort of certificate students have also done it excellently." The high level technology we apply, selfless service by the tutors, collaboration and training from one of the best hospitals in the country all have

contributed to this great achievement. In the sports arena, UNSB participated at both the regional level where the school emerged as champions in the Netball competition. The school also represented southwestern region at the National level and emerged 2nd best in athletics. Our student Twesigye Medard won us a bronze medal in the cross country competition. The schools in this tournament were categorized in 15 regions across Uganda with at least a population of 1900 students from different health institutions participating in athletics, football, mind games, wood ball, hand balls, volley ball, netball and among others. We are so proud of our foot print in the five years of existence. UNSB has grown to have students from various regions in the country and East Africa.

## BCH set to double consultation space next month

This year, the hospital received two containers, one from USA containing bicycles for the Bwindi Women bicycle project and another one from Germany containing hospital beds and other equipment. The two containers are under modification and once finished, will create enough consultation space eQuality health insurance office, eye and mental health clinics.

More space for seven offices on the first floor are under construction to free rooms in Biti building for outpatient consultation services for women's health, surgeon and child health specialists.

Rev. Elizabeth Akandinda, the hospital Director Finance and Administration says the construction is slated to be complete by the end of November and will



*Containers being modified to office space*

cost about 40,000 USD, but with unlimited value addition to patient care.

The new structure will reduce patient waiting time as well as improve patient access to specialists. In total there will be five additional consultation rooms to improve patient experience.

## Scores receive free eye treatment at BCH

More than 1000 people have received free eye treatment for various ailments during vision camps held at Bwindi community Hospital in July and October respectively.

The first vision camp was organized with Debbie Young from UK, who had first come to Bwindi in 2017 to trek Gorillas, and later toured the hospital and felt the need to come back and help the community.

The camp which took place from the 2nd to 6th July 2018 was conducted by three optometrists Debbie Young, Fiona Broome and Kirsty Hutchinson (who collectively have worked in Uganda on 9 previous trips) plus Rosemary Goman, the team administrator. The temporary Eye Clinic was set up at Uganda Nursing School Bwindi from where 348 patients were reviewed. Our Ophthalmic assistant, Pedson, has since learnt how to handle many eye conditions as

**To page 3**





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## Multipurpose hall to accommodate chapel and crafts for the waiting mothers

**B**windi Community Hospital has constructed a multi-purpose banda that will have ample space, for worship, crafts workshop for waiting mothers and adolescent friendly clinic.

On average about 100 women come to wait at the hospital's mothers waiting hostel in a month, majority having been identified with risk while others have to be admitted because of the distances they have to travel from their villages which are far away from the hospital.

We are very enthusiastic about the Banda and having a wider worship area as well a place for mothers to learn and enhance skills as they share experiences. This has been realized through generous support from the Kellermann Foundation.

The banda will have two consultation rooms where mothers will have access to a midwife for daily checkups as well as passing on health education on antenatal care, nutrition and birth control.

It is expected to be complete by mid-November, and will accommodate about 300 people for chapel activities,



*Multi- purpose banda under construction*

health education, and fellowship for patients and hospital staff in the evening. Morning staff assemblies and general teachings will be taking place same structure making it truly multipurpose!

The banda will be equipped with

furniture made by the Batwa and once complete, expecting mothers will have enough space to practice and make crafts for sale thus getting extra income to support their families while waiting at the facility.

## Uganda Nursing School Bwindi Skills laboratory to be complete by August 2019.

Uganda Nursing School Bwindi, an affiliate to Uganda Christian University, has embarked on a construction of state-of-the-art skills laboratory

The two -storey building is estimated to be in the order of \$220,000, and will house state of the art equipment and manikins for live simulations and experiences, and an Information Communication Technology (ICT) hub.

The Principal of the school, Jane



*Artistic impression of proposed skills laboratory*

Frances Anyango, is optimistic the new lab will give students and faculty a new experience to soar higher in academics.

The construction work is jointly financed by the school's benefactors Steve Wolf and James Jameson and The Kellermann Foundation.

You can follow the progress on [www.unsbwindi.ac.ug](http://www.unsbwindi.ac.ug)

### FROM PAGE 2: Eye Camps

well as using a variety of the donated equipment.

Community members were advised to go for routine medical checkups because some eye complications cannot be detected without medical examination by eye care health personnel.

The second eye camp was organized with the Hope Alliance and took place from 8th to 12th October 2018. The free eye camp that lasted five days about 800 eye patients had their consultation. The eye camp had a two day station at BCH, and a day in Nyakatare Health Centre, Mpungu and Byumba. This is the second time the Hope Alliance have

conducted a very successful eye camp in Kanungu area. BCH is looking forward to establishing a fully fledged eye clinic with support from these partnerships. We are grateful to Dell Fuller, Stacy and John Lippet and team for the level of support to this community. We are happy for the contribution these partnerships are making towards BCH's vision.



[www.bwindihospital.com](http://www.bwindihospital.com)



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## New play area at Bwindi Community Hospital



### The new outdoor play area at Paeds

Children at Bwindi Community Hospital now have a place to play from, with a newly opened playground and indoor play area. The play area, which was officially opened on Wednesday 26th September 2018, was designed by Samantha Lanham, a volunteer with an engineering background, working in the communications office. She gathered the necessary funds from her family and friends, Dr Scott

Kellermann, and the Kellermann Foundation. The construction took one month and was done entirely by local tradesmen with locally sourced and processed materials.

The new facility now offers an inviting and stimulating environment, with an indoor area with a range of stimulating and colourful play items. The outside area has a balancing circle made of used car tyres, a climbing frame with multiple routes, a slide, a seesaw and a refurbished swing.

"We are extremely grateful. Play helps the child to understand their illness, and what they will experience during their stay in hospital", said Dr Isaac the paediatrician, "The joy and stimulation they experience when playing themselves and observing other children having fun, assists in the healing process. Most especially, the playtherapy is going to be instrumental in aiding malnourished children".

## The remarkable Kellermann foundation board visit to Bwindi

The board members of the Kellerman Foundation (KF) had a remarkable mission to Uganda in September this year, an annual event conducted to follow-up on the projects that the charity supports.

The delegation, consisting of a team of 30, was led by the board executive director Mrs Diane Stanton presided over the ground-breaking of the new skills lab for Uganda Nursing School Bwindi, commissioned the new play area at Pediatrics ward and also pledged full support to the completion of a premium ward with conference and staff cafeteria facility and construction of a medical ward estimated at \$ 350,000 USD. The team also joined the Batwa in celebrating ten years of working with Batwa Development Programme (BDP) in Kanungu district.

The team commissioned a new maternity ward building at Nyakatare



Health Centre, where expecting mothers, who would previously often walk long distances to Bwindi Community Hospital, can now plan regular prenatal check-ups, or drop by to have their health concerns addressed.

We want to thank the Kellermann Foundation for the support they have given to this community through education, health care and community development.

**You can support our work by making a tax deductible donation through our charities;**

**The Kellermann Foundation**  
P.O. Box 832809  
Richardson, TX 75083-2809  
[www.kellermannfoundation.org](http://www.kellermannfoundation.org)

**Abercrombie & Kent Philanthropy**  
<http://www.akphilanthropy.org>

**Health For All Uganda e.V.**  
Tukustr.39e, 50825 Koln, Germany  
[www.health-for-all-uganda.com](http://www.health-for-all-uganda.com)

A charity is being set up in the UK,  
**REACH BWINDI**  
<https://reachbwindi.com>

**Please earmark the donations for use at Bwindi Community Hospital**

**OR make a direct transfer to our bank accounts in Uganda with the following details:**

*Account Name:*  
**Bwindi Community Hospital**  
*Bank:* Stanbic  
*Branch:* Kihihi  
*Account Number:* 9030008175194  
*Sort Code:* 045360  
*Swift Code:* SBICUGKX



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